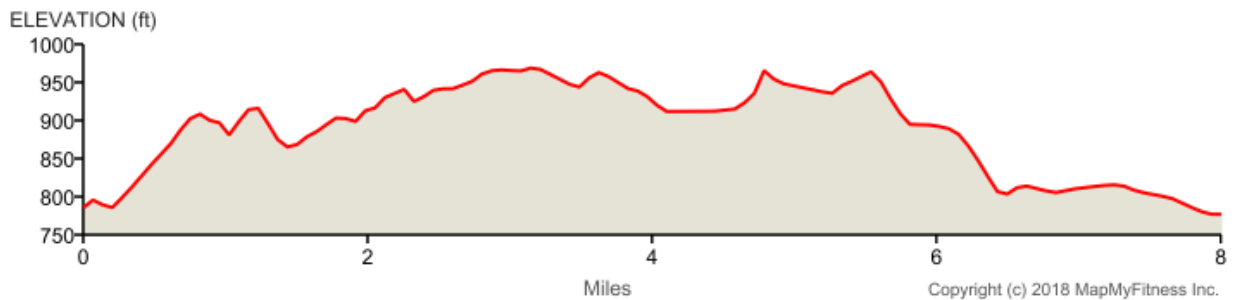
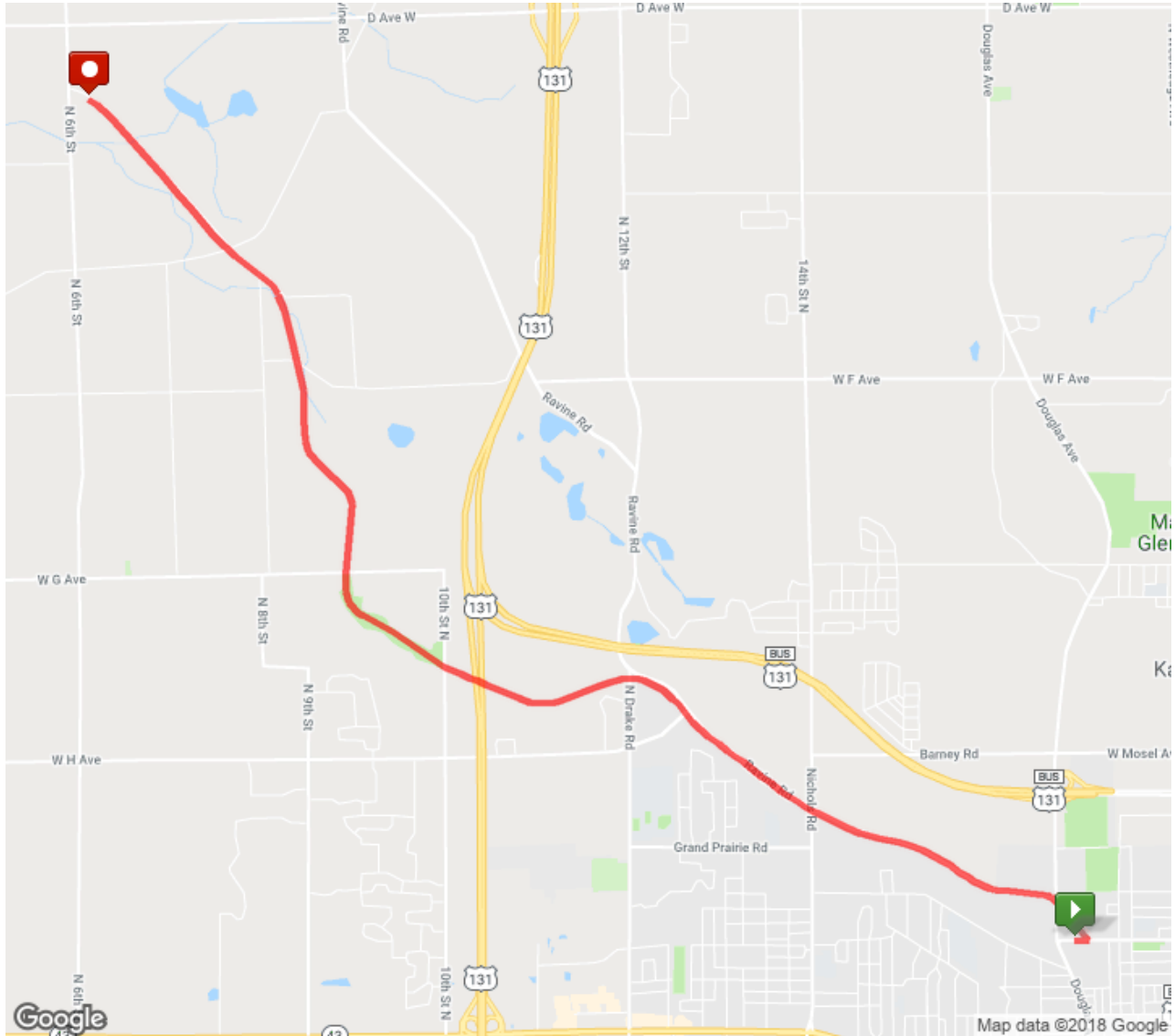


### Basic Camp Week 6 (DCW14) - Douglass Community Center

Distance: 8.00 mi  
Elevation Gain: 326 ft  
Elevation Max: 969 ft

#### Notes



|                    |   |
|--------------------|---|
| <b>0.00<br/>mi</b> | Head east on W Paterson St toward Kalamazoo River Valley Trail  |
| <b>0.08<br/>mi</b> | Head west on W Paterson St toward Kalamazoo River Valley Trail  |
| <b>0.08<br/>mi</b> | Turn right onto Kalamazoo River Valley Trail Destination will be on the right   |
| <b>0.10<br/>mi</b> | Head northwest on Kalamazoo River Valley Trail toward Douglas Ave   |
| <b>0.21<br/>mi</b> | Head northwest on Kalamazoo River Valley Trail toward Douglas Ave   |
| <b>0.38<br/>mi</b> | Turn left onto Ravine Rd Destination will be on the left  |
| <b>0.64<br/>mi</b> | Head west on Ravine Rd toward Kalamazoo River Valley Trail  |
| <b>1.15<br/>mi</b> | Slight left onto Kalamazoo River Valley Trail Destination will be on the left   |
| <b>1.50<br/>mi</b> | Head west on Kalamazoo River Valley Trail toward Nichols Rd Destination will be on the left   |
| <b>2.30<br/>mi</b> | Head northwest on Kalamazoo River Valley Trail toward Squires Dr  |
| <b>3.21<br/>mi</b> | Head west on Kalamazoo River Valley Trail toward 10th St N  |
| <b>3.94<br/>mi</b> | Head northwest on Kalamazoo River Valley Trail toward 10th St N   |
| <b>4.09<br/>mi</b> | Continue onto Kal-Haven Trail/Kal-Haven Trail Sesquicentennial State Park Destination will be on the left   |
| <b>4.61<br/>mi</b> | Head northwest on Kal-Haven Trail/Kal-Haven Trail Sesquicentennial State Park toward W G Ave Continue to follow Kal-Haven Trail Sesquicentennial State Park Destination will be on the left |
| <b>5.31<br/>mi</b> | Head north on Kal-Haven Trail Sesquicentennial State Park toward W F Ave  |
| <b>6.24<br/>mi</b> | Head north on Kal-Haven Trail/Kal-Haven Trail Sesquicentennial State Park toward N 8th St   |
| <b>6.52<br/>mi</b> | Head northwest on Kal-Haven Trail/Kal-Haven Trail Sesquicentennial State Park toward N 8th St   |
| <b>7.29<br/>mi</b> | Head northwest on Kal-Haven Trail/Kal-Haven Trail Sesquicentennial State Park toward N 6th St   |
| <b>8.00<br/>mi</b> | Destination   |