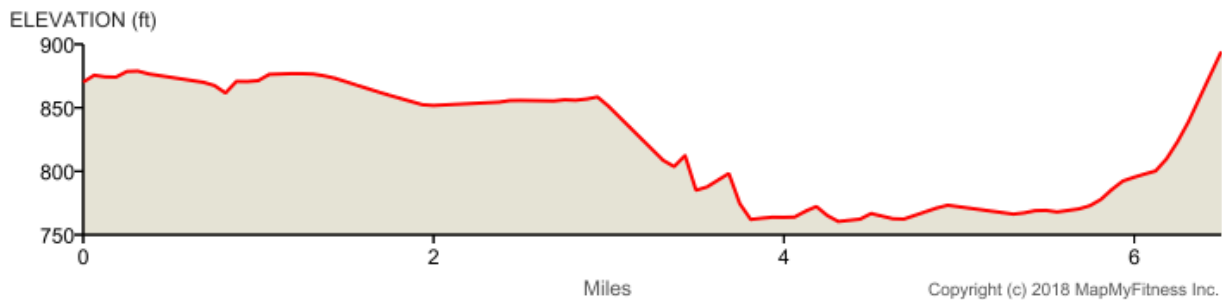


Basic Camp Week 3 (DCW11)

Distance: 6.50 mi
Elevation Gain: 144 ft
Elevation Max: 894 ft

Notes



0.00 mi	Head north toward Nazareth Rd
0.34 mi	Turn left onto Nazareth Rd
0.34 mi	Head north on Nazareth Rd
0.73 mi	Head north on Nazareth Rd toward Parchmount Ave Destination will be on the left
1.40 mi	Head north on Nazareth Rd toward E G Ave
1.41 mi	Turn left onto E G Ave Destination will be on the left
2.42 mi	Head east on E G Ave toward N Orient St
2.43 mi	Turn right onto N Orient St
2.94 mi	Turn right onto Park Ave
2.94 mi	Head west on Park Ave toward Kindleberger Park Dr Destination will be on the left
3.35 mi	Head west on Park Ave toward Maple St
3.36 mi	Turn left onto Maple St
3.42 mi	Turn right onto Park Dr Destination will be on the left
3.43 mi	Head west on Park Dr toward S Riverview Dr
3.50 mi	Head south on S Riverview Dr toward Devon Ave
3.68 mi	Turn right onto Commerce Ln Destination will be on the right
3.69 mi	Head west on Commerce Ln toward Shoppers Ln
4.06 mi	Turn left onto E Mosel Ave Destination will be on the right
4.07 mi	Head west on E Mosel Ave toward Commerce Ln
4.46 mi	Head west on E Mosel Ave toward N Pitcher St
4.48 mi	Turn right onto N Pitcher St
5.54 mi	Continue onto G Ave W Destination will be on the right
5.72 mi	Head west on G Ave W toward N Westnedge Ave
5.83 mi	Turn right onto N Westnedge Ave
6.14 mi	Head north on N Westnedge Ave Destination will be on the left
6.49 mi	Destination