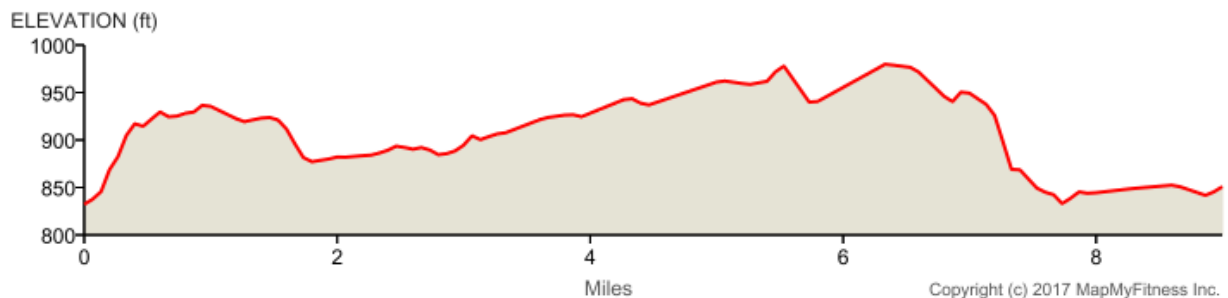
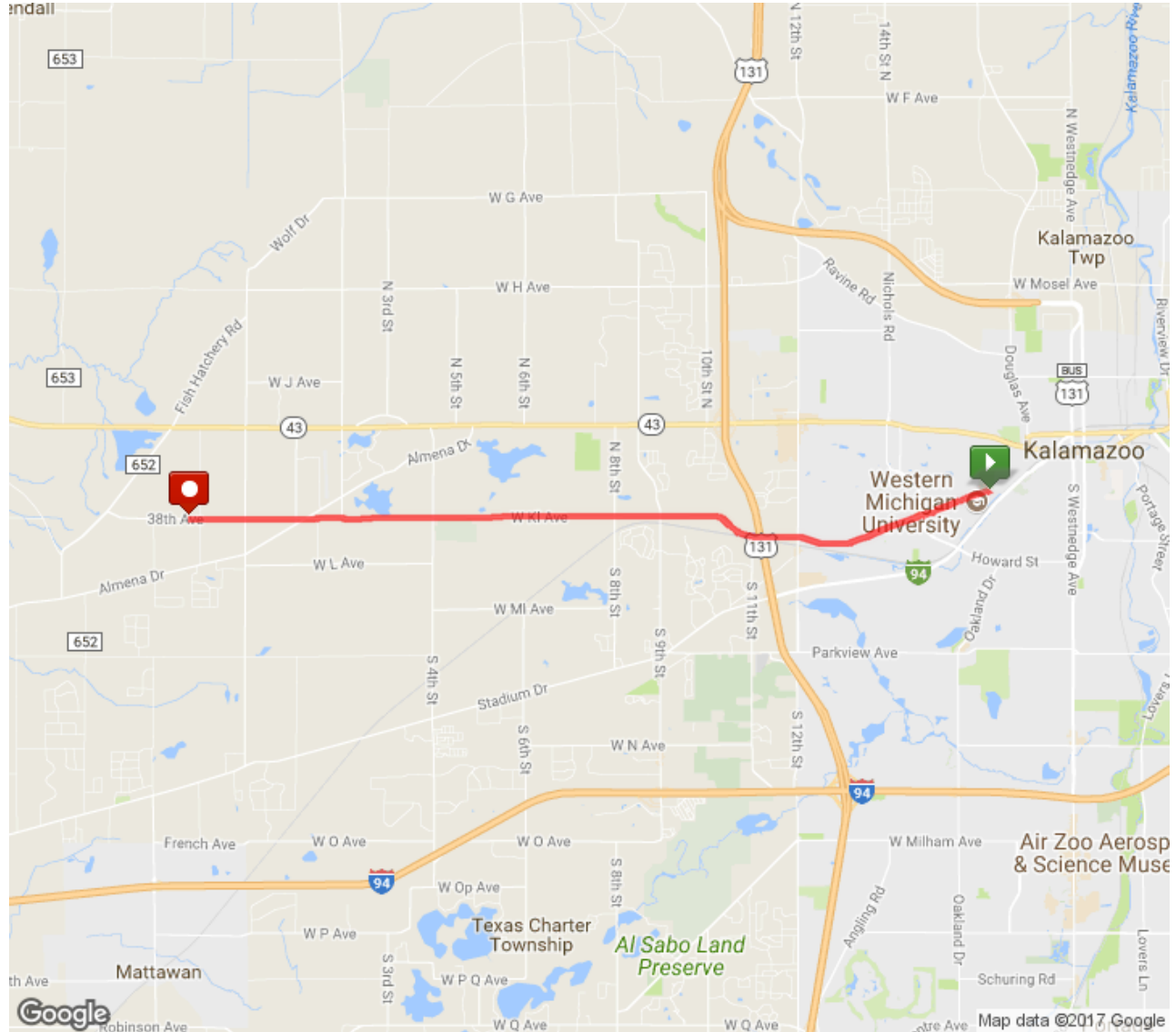


Basic Camp Week 7 (DCW15) - WMU Rec. Center

Distance: 9.00 mi
Elevation Gain: 272 ft
Elevation Max: 980 ft

Notes



0.00 mi	Head north on Western Ave toward W Michigan Ave
0.05 mi	Turn left onto W Michigan Ave
0.31 mi	Continue straight to stay on W Michigan Ave
0.33 mi	Turn left to stay on W Michigan Ave
0.36 mi	Turn left Destination will be on the right
0.36 mi	Head west
0.46 mi	Turn right
0.66 mi	Head west
0.67 mi	Turn left
0.68 mi	Turn right
0.83 mi	Head southwest toward Howard St
0.84 mi	Turn right onto Howard St
0.84 mi	Turn left onto W Michigan Ave
2.05 mi	Continue onto W Kl Ave
2.28 mi	Turn left onto S Drake Rd
2.28 mi	Head north on S Drake Rd toward W Kl Ave
2.28 mi	Turn left onto W Kl Ave Destination will be on the left
3.64 mi	Head west on W Kl Ave toward S 9th St Destination will be on the left
4.44 mi	Head west on W Kl Ave toward Autumns Way Blvd
5.46 mi	Head west on W Kl Ave toward S 4th St
6.56 mi	Head west on W Kl Ave toward Oshtemo Trce Destination will be on the right
7.28 mi	Head west on W Kl Ave toward Oshtemo Trce Destination will be on the right
7.94 mi	Head west on W Kl Ave toward 22nd St/N Van Kal St
8.37 mi	Continue onto 38th Ave
8.87 mi	Head west on 38th Ave
8.99 mi	Destination